



Faculty of **Education**
The University of Hong Kong



Speech, Language, Hearing, Communication and Reading Difficulties Awareness Raising Campaign

WHAT DO YOU KNOW ABOUT SPEECH DYSFLUENCY?

"My stuttering is involuntary. Sometimes people see it as a lack of preparation but I know exactly what I want to say."

"Sometimes I stutter. I can better manage my stuttering if my listeners just smile and wait for me to complete my sentence."

"My speech fluency is different under different contexts. It can be good when I am singing but it can be a nightmare when I do public speaking."

H..h.. hello..
M..my.. my
name.. is..

Speech dysfluency occurs naturally in about 1-2% of the time for many of us during conversations. But for some people, it occurs more often, and the condition is known as stuttering. Stuttering is characterized by repetitions of syllables and words, prolongations, blocks, or difficulties in initiation. The exact cause is unknown. However, stuttering can be controlled although it cannot be cured. Many people with stuttering develop strategies to cope with their speaking challenges. Sometimes, these strategies work, and sometimes they do not. As friends, we can be a good listener for them at all times.

Be a friend!

Let them know about our support services and the contact of our speech therapist: talkwell@hku.hk

Different but Not Less

We all have something to overcome